

DISTANCE LEARNING UPDATES FOR FS2 – YEAR 1 STUDENTS

Dear Parents,

Following the latest guidance from ADEK, we would like to inform you that there will be some updates to how distance learning is delivered in Early Primary. These changes ensure that we are fully aligned with ADEK expectations and continue to provide the best possible learning experience for our children. As stated by ADEK, “Distance learning is not a reduced version of schooling. It is schooling delivered by distance.”

What will change for KG?

1. [Short, focused learning sessions](#)

- Children will have 2–3 live sessions daily, each lasting 20–25 minutes maximum
- Total learning time will be around 1.5 hours per day
- We will include a mid-morning screen-free break (minimum 20 minutes)

Subjects covered

- ✓ English
- ✓ Mathematics
- ✓ Arabic
- ✓ Islamic / Moral Science
- ✓ Physical Education (PE)

2. [Group sessions](#)

- Some sessions will be delivered in smaller groups to support engagement and interaction
- All sessions and timings will be clearly shown on the timetable
- Teachers will share your child’s group and full schedule shortly

3. [Play-based learning approach](#)

ADEK highlights that KG learning should be based on play and exploration:

“KG students... learn through play, repetition, and concrete experience.”

- ✓ Stories, songs, and movement
- ✓ Hands-on and creative activities
- ✓ Show-and-tell opportunities

Each week, we will provide a simple home inquiry activity (15–20 minutes).

Distance Learning Guidelines

Parent Role

- A parent or responsible adult must be present during live sessions for supervision
"The adult's role is supervision, not instruction."
- Parents are not expected to teach, but to:
 - ✓ Help children log in
 - ✓ Support simple activities
 - ✓ Ensure a calm learning environment

Screen Time (school & home)

- During the school day:
 - ✓ Maximum 20 minutes per session
 - ✓ Maximum 1.5 hours total screen time
 - ✓ Regular breaks and off-screen activities
- At home:
 - ✓ Recreational screen time should be kept to a minimum
 - ✓ Should not be used within 2 hours before bedtime
 - ✓ Should be limited to a maximum of 1 hour per day

Wellbeing and Support

- We will conduct a weekly wellbeing check-in for every child
- Additional support will be provided where needed

Physical Activity

- Children will have at least 45 minutes of PE per week
- We encourage 30 minutes of daily movement at home, out with school timing

Daily Routine

- A short morning check-in
- Structured live sessions
- Breaks and lunch
- A simple end-of-day reflection

Assessment

- Learning will be assessed through:
 - ✓ Observations
 - ✓ Photos or short videos shared by parents

"No formal written assessment is appropriate at KG level during distance learning."

Working Together

These updates ensure that learning remains:

- ✓ Age-appropriate
- ✓ Engaging
- ✓ Balanced for young children

We truly appreciate your continued support in making distance learning a positive experience for our children.

Schedules and Groupings will follow shortly. EIS

Administration



Follows the **British Cambridge**
International Primary Programme

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