

DISTANCE LEARNING UPDATES FOR YEAR 2-5 STUDENTS

Dear Parents,

Warm greetings to you!

We hope you and your family are safe and well. As we prepare to implement Distance Learning in line with the latest ADEK guidelines, we would like to share important information regarding the structure of the school day and how we will work together to ensure a smooth and effective learning experience for our students.

Daily Schedule and Screen Time

For students in Cycle 1 (Year 2-5), the school will follow a structured timetable with:

- 6 live sessions per day
- Each session limited to 25 minutes
- Total screen time will not exceed 2.5 hours daily, as per ADEK regulations

An updated timetable reflecting these changes, including revised timings, will be shared with you shortly on Education. We kindly request parents to refer only to the new timetable once it is issued.

Breaks and Student Wellbeing

To support student wellbeing and avoid screen fatigue, the timetable includes:

- 10-minute breaks between sessions
- A 20-minute mid-morning break (screen-free)
- A 30-minute lunch break (screen-free)

We encourage parents to ensure that children step away from devices during these breaks.

Curriculum and Learning Approach

Our timetable is carefully designed to ensure:

- Daily focus on core subjects such as English, Mathematics, MOE subjects, and Science
- A balanced inclusion of other subjects including: 2nd Language, ICT, and PE
- Interactive and engaging lessons with regular teacher–student interaction

Parent Partnership

Your support is essential in making Distance Learning successful. We kindly request you to:

- Ensure your child logs in on time for all sessions
- Provide a quiet and comfortable learning environment at home
- Monitor your child's participation and engagement
- Encourage regular breaks away from screens

Communication

Teachers will continue to communicate with parents through the school platform for updates, assignments, and feedback. Regular check-ins will also be conducted to support students' academic progress and wellbeing.

We are confident that, with your cooperation, we can create a positive and productive learning environment for our students even during Distance Learning.

Thank you for your continued support and partnership.

EIS Administration