

# Newsletter

SustainEd: Shaping Sustainable Minds for a Greener Tomorrow

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- Parental Engagement: Edexcel Parent Workshop (Yr. 9 & 10)
- PD Session for Teachers
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"AHLAN BIL FARHAH" (اهلاً بالفرحة) – WELCOME ABOARD

The "HAPPINESS EXPRESS"

 from DUNES to DREAMS - we LAUGH together



EIS celebrated its Annual Day with the vibrant theme "Ahlan Bil Farhah – Welcome Aboard the Happiness Express: From Dunes to Dreams – We Laugh Together." The joyful event brought together students, parents, teachers, senior leaders, management, and esteemed guests.

A colourful mix of dance, music, drama, and artistic performances highlighted students' talent, creativity, and hard work, filling the stage with energy and happiness. Beautifully organised and warmly attended, the celebration reflected unity, joy, and pride, ending with smiles, applause, and cherished memories.



# NEW YEAR AT EXCEL:

## CELEBRATING TALENT, BUILDING PARTNERSHIPS

Excel International School kicked off the New Year with exciting activities that inspired students and strengthened community ties. From a vibrant Talent Show to goal-setting and reflection exercises, students celebrated creativity, growth, and confidence. Parents joined through Open House events and workshops, reinforcing collaboration and support for student learning.



Excel International School welcomed the New Year with a meaningful assembly titled "Our Promise, Your Responsibilities," as teachers shared their resolutions with students, fostering commitment, accountability, and preparedness for the year ahead.



Year 8G students setting meaningful New Year resolutions and goals for personal growth



Students confidently showcased their talents at the school Talent Show, celebrating creativity, self-expression, confidence, and school spirit.



Excel International School's Open House welcomed families to explore classrooms, meet teachers, and learn about our programmes, strengthening the school-home partnership and our commitment to being "Ready for Life."

# STUDENT engagement

“Building skills through engaging classroom experiences.”



The students of Year 8B & 8G - Physics carried out the first project for the second Term (making a Ptolemy model or Copernicus model of the solar system).



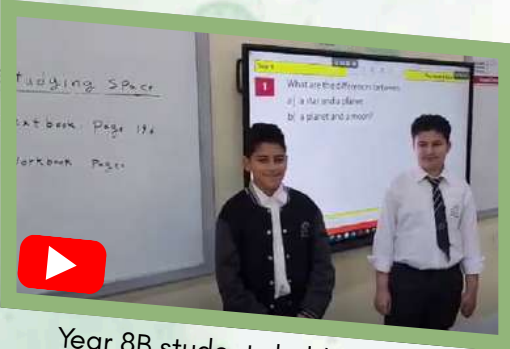
Year 8G students participated in a hands-on activity, pairing 2D shape area formulas with their corresponding shape descriptions



Step into the world of geometry! Year 8B students immersed themselves in a VR adventure, exploring the area of 2D shapes in an interactive and engaging way. From rectangles to triangles, they discovered the formulas and applied them in a virtual reality!



Year 8G students exploring metal and acid reactions and carefully recording their scientific observations.



Year 8B students held a debate about whether space exploration is worth the money spent on it.



"Year 8B students had a blast on Blooket, quizzing their way to mastery of surface area of cubes and cuboids! Learning's more fun when it's a game.



Year 9B and 9G did the investigation: The Transport Challenge: Using Rollers to Reduce Friction



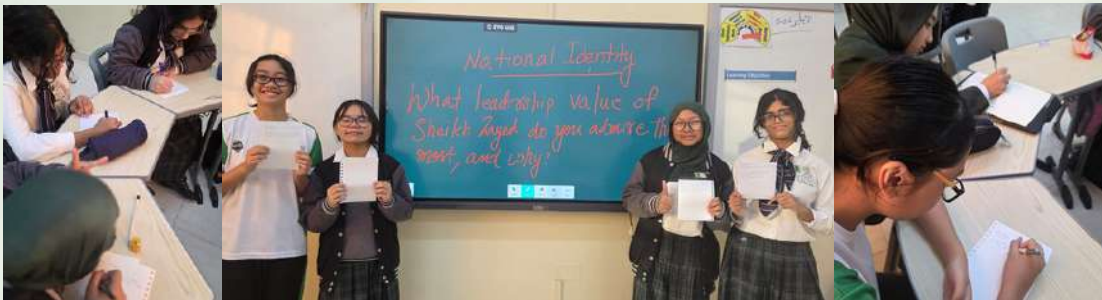
Year 9G students successfully carried out their computer hardware practical, demonstrating hands-on skills in identifying, assembling, and handling hardware components.



Year 8G students participated in a hands-on activity, pairing 2D shape area formulas with their corresponding shape descriptions



Year 8B & 8G rolled into learning with a dice activity and explored number properties and operations!



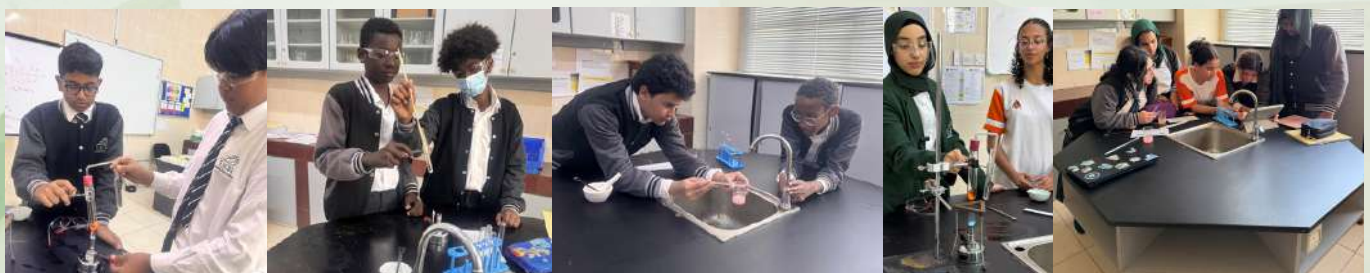
Year 9G discussed Sheikh Zayed's vision for the UAE.



Year 9B & 9G students conducted an investigation into the relationship between surface area and the speed of an object.



Year 9G actively discussed the different communities that make up our society and their roles. Students collaboratively designed community cards, highlighting values such as cooperation, respect, and belonging. This activity helped learners appreciate diversity and understand the importance of strong communities.



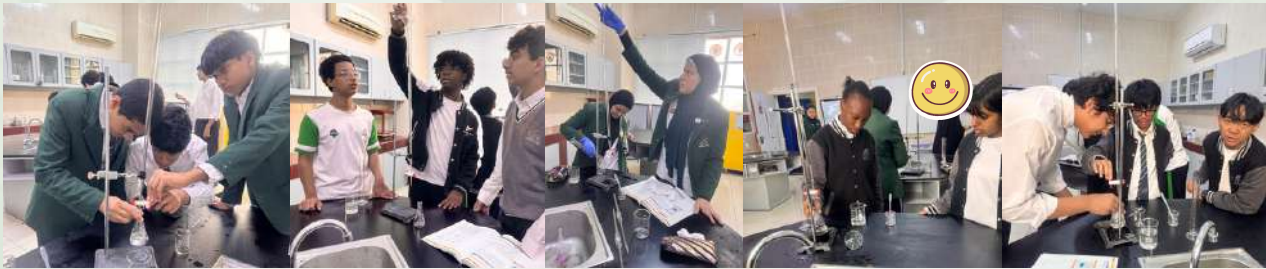
Year 9B Chemistry Practical Students learned decomposition reactions by heating copper carbonate, calcium carbonate, and lead nitrate, and by observing an antacid tablet reaction. Simple experiments, strong understanding!



Year 9B & 9G students carried out an engaging practical session exploring displacement reactions. They observed how reactive metals replace less reactive metals from their compounds while strengthening their understanding of the reactivity series. Students showed excellent teamwork, observation skills, and scientific curiosity.



Year 9B students stepped into the future, exploring Pythagoras' theorem in an immersive VR experience! Geometry just got a whole lot cooler.



Hands-on Chemistry in Action! Year 10B & 10G students explored the art of titration, developing precision, observation, and analytical skills. From careful measurements to identifying the endpoint, learning truly came alive in the lab!



Year 10B Chemistry Practical - Students prepared copper(II) sulphate using sulfuric acid, applying key laboratory skills such as safe handling of acids, careful heating, filtration, and crystallisation. A valuable hands-on experience linking chemical reactions to real laboratory practice.



Year 10 B students explored VR to experience with 3D animations about inside the computer.

# UAE National Identity

## "Honouring Our Heritage, Embracing Our Future"



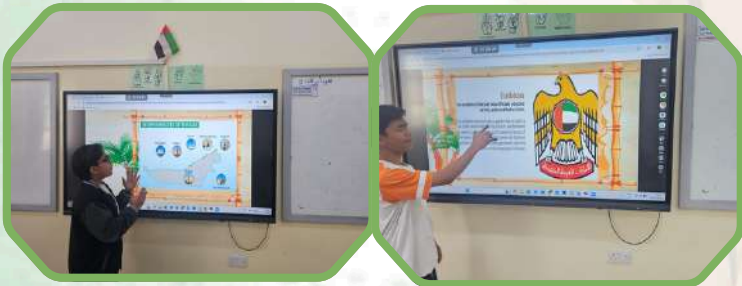
Year 8G and Year 9G students participated in a meaningful volunteering visit to the Al Ain Center for Rehabilitation, where they learned the true value of compassion, empathy, and giving back to the community. We thank the centre for providing our students with this enriching experience.



**"Echoes of Heritage"** – Year 8G students connecting cultures from around the world with the rich values and traditions of the UAE.



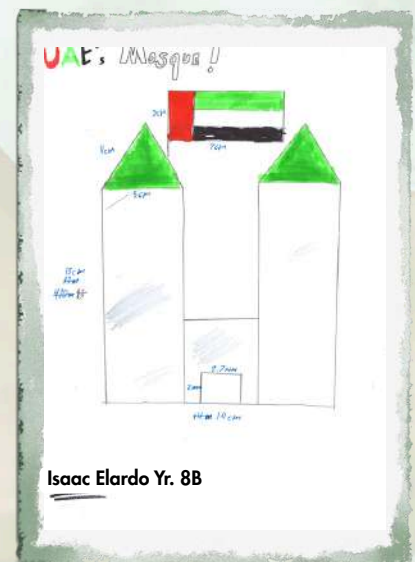
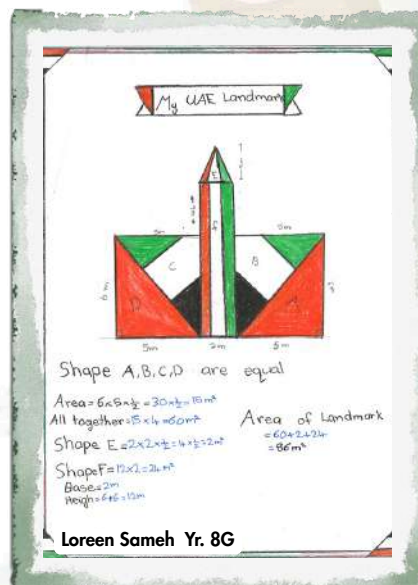
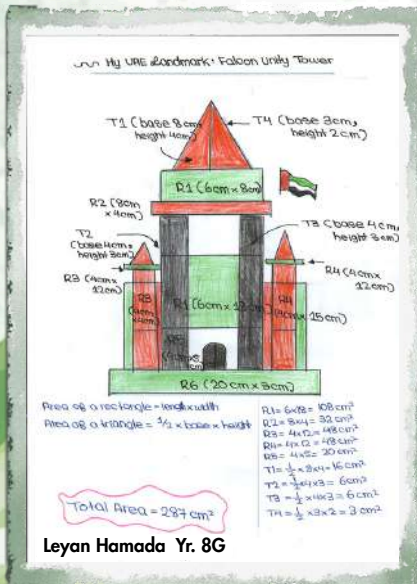
Year 8G students actively participating in a rapid-fire quiz on National Identity during circle time, sharing ideas through sticky notes



Celebrating UAE National Identity through student voice and learning – a flip-class presentation.



Year 8-9 students participated in a workshop on Autism Spectrum Disorder (ASD) that enhanced awareness and understanding, highlighting the importance of empathy, respect for diversity, and inclusion within the school community.



# STUDENTS' WORK

## Building Skills, Showcasing Learning

**أسباب الهجرة**  
**أحداث رحلة الهجرة**  
**الهجرة النبوية**  
**نتائج الهجرة وأثرها**

Yara Alaa Yr. 8G

**الهجرة النبوية**

Hana Said Yr. 9G

Mnaallah Mohammed Yr. 9G

**الهجرة النبوية**

Mariam Wageh Yr. 9G

**الهجرة النبوية**

Layan Hamada Yr. 8G

**الهجرة النبوية**

Jodi Hesham Yr. 8G

Loren Sameh Yr. 8G

Sahad Ahmed Yr. 9B

Mariam Mohamed Yr. 9G

**The Hijrah**

Haya Ahmed Yr. 8G

# ISLAMIC STUDIES

**Judicial Reform and Social Justice**

Mohamed Zaid Yr. 10B

**THE HIJRAH'S STRATEGIC PLANNING**

Muhammad Hamdan Yr. 9B

**The Prophetic Hijrah**

Muhammad Fahad Yr. 8G

**The Hijrah of Prophet Muhammad (PBUH)**

Meenal Musaddak

Nice WORK

## A JOURNEY OF FAITH AND REFLECTION Al Isra wal Mi'raj



The Al Isra wal Mi'raj assembly encouraged students to reflect on faith, perseverance, and the central importance of Salah in daily life.

## OUR BIRTHDAY CELEBRANTS SHINE BRIGHT



On your special day, we wish our birthday celebrants a year filled with Allah's blessings, peace, and academic success.

## LEADING THE WAY *Our Prefects*

 Habibah Wageh	 Leah Olive	 Sajid Faisal	 Mohammed Saif
 Alma Nur	 Jayden Brielle	 Sadin Mohamed	 Adam Dela Cruz
 Advaita Anand	 Muhammad Rayyan	 Marc Joshua	

### The Echoes Beneath the Dust *by Faiza Bint 9G*

The gate screeched as I pushed it open, grass leaves brushing against my ankles. My grandmothers cottage stood silent at the edge of the village, its windows dark and watchful. The door groaned as I stepped inside. A chill ran down my spine.

Faint sunlight slipped through cracked glass, catching dust motes that danced in the stale air. Cobwebs clung to the corners, and the floorboards creaked sharply beneath each cautious step. My fingers brushed the grotesque walls, cold and rough beneath my touch.

This had been her childhood home. She used to tell me stories of racing down these corridors and hiding from storms beneath the staircase. Standing there now, I could almost hear her laughter echoing faintly through the silence.

On a small wooden table rested a box I did not recognise. My heart quickened as I lifted the lid. Inside lay a bundle of yellowed, crumpled letters, tied with fading ribbon. My name was written on the top envelope. The cottage no longer felt abandoned. It had been waiting for me.

### Music for Stress *by Alma Nur Yr. 9G*

Music is more than just something we enjoy. It can help our minds and bodies relax. When life feels stressful, listening to music can be a simple way to feel better. Slow, calm songs can lower our heart rate, reduce tension, and even improve our mood.

Many people listen to their favorite songs after school, before exams, or when they feel upset. Music helps focus the mind and can distract from worries. Singing or humming along can make the experience even more relaxing.

It is important to choose music that makes you feel good. For some, classical or soft music works best. For others, upbeat songs or their favorite pop tracks help release energy and stress.

Listening to music is an easy and healthy way to take care of your mental health. By adding a few minutes of music to your day, you can feel calmer, happier, and ready to face challenges.

### Caught in the Scroll: Teenagers and Social Media Addiction *by Beesan Yr. 9G*

Many teenagers today spend a large part of their day on social media. Apps like Instagram, Tik Tok, and Snapchat have become a big part of their daily routine. While these platforms help teens stay connected with friends and share their lives, they can also become very addictive.

One reason social media is so addictive is because of the constant notifications, likes, and comments. These make teenagers feel excited and important. Every time someone likes a post, it gives a small burst of happiness, which makes them want to check their phones again and again. Soon, this becomes a habit that is hard to break.

Spending too much time on social media can affect teenagers in many ways. It can distract them from their studies, reduce their sleep, and make them less active. Some teens also start comparing their lives with others online, which can make them feel unhappy or insecure.

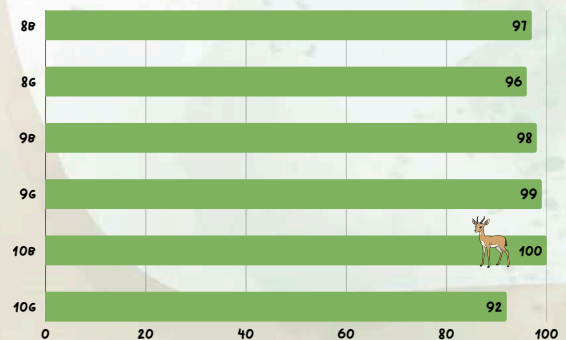
However, social media is not all bad. It can be a great tool for learning, creativity, and communication if used in a balanced way. Teenagers should set time limits, take breaks from their screens, and spend more time doing real-life activities like sports, reading, or talking with family.

In the end, social media should be used as a tool, not something that controls our lives. If teenagers learn to use it wisely, they can enjoy its benefits without becoming addicted.

## CONSISTENCY COUNTS!

*Honouring Our Best in Attendance*

January 2026



Well done, Year 10B—your commitment and consistency truly shine!



# MOMENTS OF PRIDE

Achievements That Make Us Proud

## CELEBRATING ARTISTIC EXCELLENCE:

*First Place at the Emirates National School Arts Competition*



EIS celebrates a proud achievement as **Jodi Hesham of Year 8G** won **First Place** in the **Emirates National School Arts Competition**, showcasing outstanding creativity and skill. Her success reflects both her dedication and the school's commitment to nurturing talent and excellence.

*Congratulations!*

## BEST CLASS Award



Congratulations, **Year 9G** for your outstanding performance and positive spirit. Your teamwork and dedication set a wonderful example for our school community. Keep it up!

## RISING STARS

*Pride of the Month*



**Daniel Shadi Amer Yr. 8B**

**Fereha Yosef Yr. 8G**

**Haya Mohamed Yr. 9G**

**Muhammad Rayyan Yr. 10B**

## SPINNING SUCCESS

*Celebrating Positive Behaviour*



A big congratulations to our students for spinning their way to success through positive behaviour in The Spin-O-Wheel program! Keep making great choices!



As a reward for their hard work and positive attitude, students enjoyed a special breakfast with Mr. Leonard Murphy and Ms. Agnes Nathaniel, along with friendly games that made the occasion memorable.



## EXCEL SHINES AT ABU DHABI SPORTS CHAMPIONSHIP



The Abu Dhabi Sports Championship began on a strong note as Excel International School's Under-15 girls' football team won all five matches to qualify for the finals. The team will proudly represent the school in Abu Dhabi at the final round on 25 January.

## UNITING THROUGH SPORT: INTER-HOUSE BASKETBALL TOURNAMENT



**WINNERS**

Congratulations to Our Players  
for Exemplifying Teamwork and  
Fair Play!

**RUNNER-UP**

## EXCELLENCE IN ACTION

*Winter Assignment Completed*

## MASTERS OF THE PEN

*Editors of the Month*



86

Year 8 - The Zayed Generation "Carrying forward the legacy, planting hope, and preserving tomorrow with pride in our UAE national identity."



8B



Yahya Ali Yr. 10B



96

Year 9 - Sheikh Zayed's Vision: Shapes and Dreams, Inspired by Yesterday, Building tomorrow



9B



Kayla Nokutenda Yr. 10G



# PARENTAL involvement

"Together, we build confident, lifelong learners."



Pearson/Edexcel, Workshop for Parents

*EIS recently hosted an informative workshop for parents and students led by Mr Wil Grey of Pearson/Edexcel, focusing on the Edexcel curriculum and assessment requirements. The interactive session addressed parent and student queries and offered guidance on supporting academic success. Organised by Ms. Lourdes Joseph with the support of school leadership and Heads of Department, the workshop reflected the school's commitment to academic excellence and strong home-school partnership.*



# PROFESSIONAL development

Strengthening Skills, Inspiring Classrooms



Pearson Power Maths

*An engaging **Pearson Power Maths** workshop enabled educators to share effective strategies to enhance teaching, critical thinking, and student engagement, reflecting Excel International School's commitment to quality education and academic excellence.*



Edexcel Workshop


*EIS hosted an engaging teachers' workshop led by **Mr. Wil Grey of Pearson/Edexcel**, providing valuable insights into the Edexcel curriculum, assessment structures, and examination requirements. The interactive session encouraged professional dialogue, clarified expectations, and strengthened teachers' understanding, with the support of school leadership and Heads of Department.*




KS3 English Workshop – Pearson Edexcel


*A workshop for **KS3 English** teachers explored practical strategies for teaching the Pearson Edexcel curriculum. Focus was on engaging students in reading, writing, and text analysis, while sharing resources and techniques to make lessons interactive and student-centered.*

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