

World Heart Day

Dear Parents and Guardians,

The World Heart Day is celebrated annually on 29th September.

At EIS, we will commemorate the event this coming Thursday, 26th September 2024 with activities aimed at raising awareness about cardiovascular diseases and promoting heart-healthy living.

We have planned a series of activities for our students which include educational sessions on the importance of heart health, fun exercises, and discussions on maintaining a healthy lifestyle.

To align with the theme, we kindly request that all students come to school dressed in a red-coloured shirt or dress. This small gesture will help us create a vibrant and visually impactful day that underscores the significance of heart health.

We sincerely appreciate your attention and cooperation in this matter. Together, we can educate our students about the importance of cardiovascular health and encourage them to make heart-healthy choices.

Thank you for your support.

Warm regards,

EIS Administration